



PLATFORMA WIBRACYJNA DO ĆWICZEŃ FITNESS STAYFIT SPINMOVE PLUS CZARNY



link to the product:

<https://www.batna24.com/gb/p/mats/platforma-wibracyjna-do-cwiczen-fitness-stayfit-spinmove-plus-czarny>

Price: **449.00 zł** gross / 365.04 zł net

Manufacturer: EXTRALINK



Referention number: DNXGKMJPLRMNGK

Information:

The compact vibration platform combines effective training with relaxation and Shiatsu foot massage. The 200W motor and 12 mm amplitude provide deep muscle stimulation, supporting circulation, improved posture, reduction of swelling and cellulite, and faster recovery. The device offers 5 programmes and 99 speed levels, making it suitable for both beginners and advanced users. Built-in Bluetooth, speakers, USB, a touch screen and a remote control increase ease of use. Just 10 minutes of training a day helps shape the figure, strengthen the whole body and save time.

Full product description

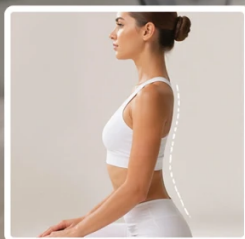
Complete relaxation in all conditions

Take care of your body even while working at your desk. The platform **stimulates circulation**, supports **improved posture** and helps **reduce swelling and cellulite**. Regular sessions also help calm the body, which supports recovery and makes healthy sleep easier.

Pełen relaks gdziekolwiek jesteś



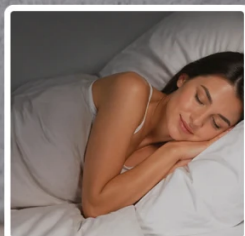
**Pobudź
krążenie**



**Popraw
postawę**



**Zredukuj
opuchliznę
i cellulit**



**Postaw na
lepszego sen**



Power and technology for deep stimulation

A **200W** motor and **12 mm amplitude** ensure that vibrations reach the deep muscles, activating them for intensive work. The built-in **Bluetooth module and speakers** let you play your favourite music directly from the device, making every minute of training more enjoyable. The transparent housing reveals the advanced mechanism that ensures the efficiency of every session.



200W



12mm

Amplitudy dla pobudzenia pracy mięśni głębokich

Body shaping with Shiatsu massage

Combine fat burning with a relaxing **Shiatsu massage** for the feet, thanks to the specially designed textured surface. You have **5 programmes** and as many as **99 speed levels** at your disposal, making it easy to adjust the intensity to individual needs. This combination of functions helps fight centimetres while also offering relief for tired legs.

Redukcja tkanki tłuszczowej + masaż jednocześnie



**Masaż
Shiatsu**



5
programów



99
prędkości

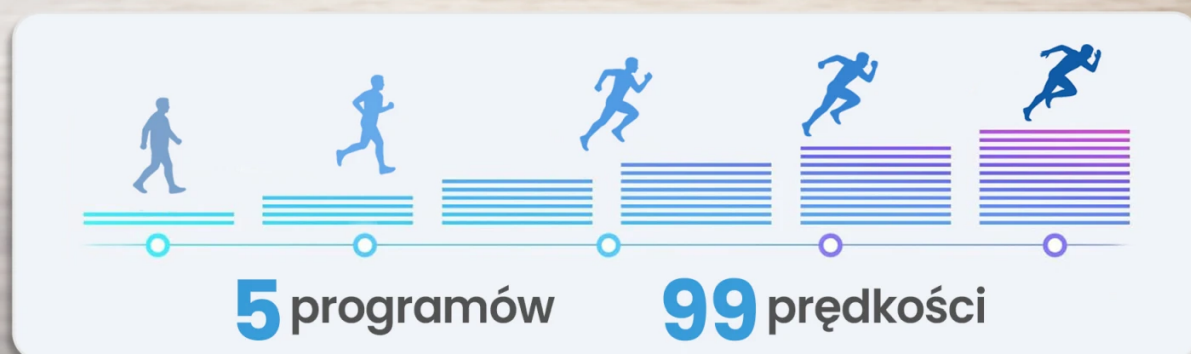
Gradual fitness building

Start with gentle vibrations and smoothly move on to more demanding levels as your fitness improves. The wide range of adjustment means the device **offers support** to both beginners and advanced athletes. Watch for rapid changes in your appearance and well-being thanks to systematically increasing intensity.



Zobacz szybkie efekty

Rozpocznij spokojnie i stopniowo zwiększaj intensywność ćwiczeń



Maximum efficiency in a short time

Just **10 minutes of training** are enough to achieve results comparable to much longer physical activities. The platform helps replace, among other things:

- **30 minutes of swimming** or yoga,
- **60 minutes of running** or cycling,
- doing **100 sit-ups** or 50 planks.

Już 10 minut treningu daje doskonałe efekty



30 Minut
Pływania



60 Minut
Biegania



30 Minut Yogi



100 Brzuszków



60 Minut Jazdy
na rowerze



50 Planków

Convenient operation and compact size

Its small dimensions mean the equipment fits easily into any flat, while the **touchscreen** and **remote control included** make operation easy without interrupting exercise. The additional **USB and Bluetooth** connection expand the device's multimedia capabilities. The sturdy design, measuring 12 cm x 30 cm x 50 cm, allows for easy storage under a bed or wardrobe.

Platforma jest łatwa w obsłudze i nie wymaga wiele miejsca



Pilot w zestawie



Ekran dotykowy



Versatile full-body training

The variety of positions you can take on the platform helps strengthen all muscle groups. Use it for **press-ups, lunges or exercises with resistance bands** to add variety to your home workout. The device ensures that your daily movement is engaging and brings visible results for your whole figure.

Różnorodne ćwiczenia

Trening całego ciała

