



MOMCOZY MB01 BIRTHEASE MATERNITY BALL SET



link to the product:

<https://www.batna24.com/gb/p/pregnancy-pillows/momcozy-mb01-birthease-maternity-ball-set>

Price: **249.00 zł** gross / 202.44 zł net

momcozy

Manufacturer: MOMCOZY

Referention number: DNXXGKPIRMMMK

Information:

MOMCOZY MB01 BirthEase Maternity Ball Set is a practical pink gym ball for pregnant women, supporting daily movement, relaxation and comfortable sitting at home. It enables gentle rocking, light exercise, stretching and supported positions, helping to relax the body and relieve tense areas. It works well in the living room, bedroom or nursery, easily fitting into a home routine. It is a comfortable accessory for calm activity, rest and preparing the body for pregnancy.

Full product description

MOMCOZY MB01 BirthEase Maternity Ball Set for pregnancy exercise

MOMCOZY MB01 BirthEase Maternity Ball Set is a set with a pink exercise ball that helps with everyday body relaxation, light activity, and preparing a comfortable space for home exercise. The ball is suitable for sitting, gentle rocking and simple exercises that may support freedom of movement during pregnancy.



A comfortable place for calm activity

The pregnancy ball makes it possible to do gentle exercises at home without needing to organise a large space. It can be used on an exercise mat, by the bed, in the living room or in the nursery, making it easier to fit activity into the rhythm of the day.



Support while sitting and gently rocking

Sitting on the ball helps you adopt a more relaxed position, and gentle hip movements may help to ease tense areas of the body. It is a practical solution for women looking for a gentle form of activity while waiting for their baby.



Help with stretching and resting

The ball can be used as support while kneeling, bending forward or resting in a leaning position. This way of using it helps to take the strain off the body and makes it easier to do calm breathing and relaxation exercises.



Exercise in a friendly home space

MOMCOZY MB01 BirthEase Maternity Ball Set fits well into a daily home routine. The ball can be used in the nursery or bedroom, so the expectant mother has an accessory close at hand for short exercises, rest or gentle rocking.



Closeness and support during relaxation

The pregnancy ball can also be used while relaxing together with a partner. Sitting on the ball allows you to maintain a comfortable position, and a shoulder or back massage can help you unwind after a long day.



A practical accessory for pregnancy

The pink exercise ball works well as part of everyday movement support. It allows you to change position, helps with light training and can accompany the expectant mother both during exercise and peaceful rest.



Gentle positions with ball support

The ball makes it possible to adopt a kneeling position with comfortable support for the torso and arms. This type of exercise helps with relaxation, supports calm breathing and makes home activity easier to adapt to how you feel.

