



Extralink Acupressure Mat, Set with Pillow for Back Pain, Large XXL Akumata



link to the product:

<https://www.batna24.com/gb/p/fitness-equipment/extralink-acupressure-mat-set-with-pillow-for-back-pain-large-xxl-akumata>

Price: **119.90 zł** gross / 97.48 zł net

Manufacturer: EXTRALINK



Referention number: DNXGGONJIRMMKP

Information:

The Stay Fit acupressure mat with pillow is a practical set for home relaxation after work, training or long periods of sitting. The numerous protrusions on the mat and pillow stimulate the skin, helping to relax tense parts of the body and promoting relaxation. The set can be used on the back, neck, shoulders, legs and feet, while the pillow makes it easier to support the neck, lumbar area or legs comfortably. It requires no power supply, is simple to use and is suitable for home and travel.

Product features

Colour	Black
Product colour	Light Green

Full product description

Relax with the Stay Fit acupressure mat

The Stay Fit acupressure mat with pillow helps create a home relaxation zone after an intense day, a workout or long hours of seated work. The set allows the body to be positioned comfortably and the skin to gradually get used to the pressure of the spikes, making it a possible part of a daily relaxation routine.



Spikes that stimulate the skin surface

The surface of the mat and pillow is fitted with numerous rosettes with pointed spikes. When lying down, the pressure is distributed across many points of the body, which helps to relax tense areas and promotes a feeling of ease. The intensity of the sensations can be adjusted by the length of use, clothing or the amount of pressure applied.



Mat and pillow for different parts of the body

The set can be used to relax the back, neck, shoulders, legs and feet. The mat offers a large support surface, while the pillow helps direct pressure to a chosen area of the body. This combination makes it possible to adapt the way it is used to current needs and resting positions.



Pillow supporting neck relaxation

The pillow included in the set can be placed under the neck, nape, lumbar region or legs. Its shape helps support the chosen part of the body comfortably, and the rosettes distributed across the surface allow point stimulation while resting in a lying position.



A simple way to enjoy a daily moment of relaxation

Using the mat does not require any additional devices or power. Simply lay it out on a bed, floor or sofa and take a comfortable position. Shorter sessions help you gradually get used to the effect of the spikes, and regular use makes it easier to include a moment of rest in your daily schedule.



Convenient use at home and away

The mat and pillow form a practical set designed for relaxation at home, while travelling or after physical activity. The elements are easy to store and lay out wherever you choose, so acupressure-based relaxation can take place whenever it is needed most.

