



Extralink | Acupressure mat | black, 65x40cm



link to the product:

<https://www.batna24.com/gb/p/mats/extralink-acupressure-mat-black-65x40cm>

Price: **52.28 zł** gross / 42.50 zł net

Manufacturer: EXTRALINK



Referention number: DNXGHHOKIRMMIN

Information:

EXTRALINK Health Acupressure Mat Black 65x40 cm is a practical tool for relaxation, pain relief and improving well-being. 230 massaging spiked rosettes help relax tense muscles, reduce discomfort in the back, neck, shoulders, hips and joints, and stimulate blood circulation and oxygenation of the body. Regular use supports regeneration, reduces stress, improves mood and sleep quality. The mat is made of durable cotton, has a removable hook-and-loop fastened cover and a compact size, making it suitable for use at home, at work and while travelling.

Full product description

EXTRALINK HEALTHY ACUPRESSION MAT BLACK 65X40 - Your tool for relaxation and health.

The **EXTRALINK Health Acupressure Mat** is an excellent choice that combines traditional acupressure techniques with modern design. With **230 massaging studded rosettes**, the mat works on the body to reduce muscle tension, improve circulation and reduce back pain. It's ideal for those looking for relaxation after a hard day or active support in the fight against painful ailments.



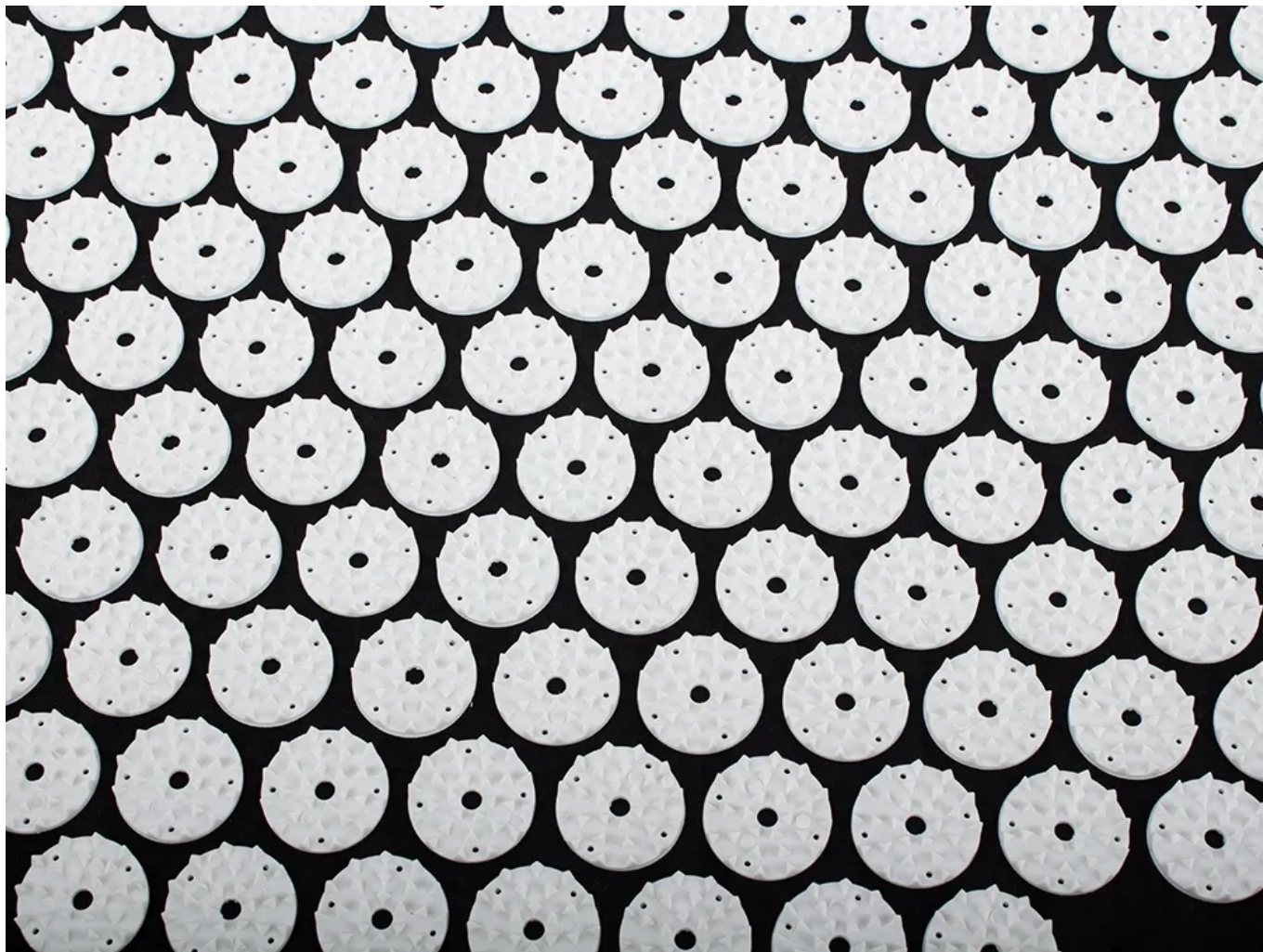
Reduction of pain and muscle tension

The **spiked acupressure mat** is designed to reduce **pain in the back, cervical spine, shoulders, hips and joints**. The 230 spiked massage rosettes precisely affect key pressure points on the body, helping to relax tight muscles. It's an effective way to improve quality of life and reduce pain.



Better blood circulation and oxygenation of the body

With regular use of the mat, you can improve **blood circulation**, which promotes oxygenation of the body and tissue regeneration. Acupressure **helps oxygenate the body and improves muscle flexibility**, which is especially important for people with sedentary lifestyles. Just 20 minutes a day is enough to notice a difference in your well-being.



Relaxation and stress reduction support

Acupressure massage is a natural way to improve mental well-being. Regular use of the mat increases the production of endorphins, which improves mood and reduces nervous tension. In addition, the mat can help improve sleep quality and reduce feelings of fatigue.



Practical and easy to clean

The mat is made of **high-quality cotton** for comfort and durability. **The removable cover with Velcro fastener** makes it easy to keep the mat clean. The compact size (65x40 cm) makes the mat convenient for use at home, in the office or on trips.

